

CHEKKESSIA (Continued)

CHORUS - Clockwise.

6. Crouch step - Facing counterclockwise.
Bodies erect, knees bent into crouch position walking
step forward 8 cts.

End with all standing, holding hands high overhead.

BRANLE A SIX (French)

Formation: Two men, each having a woman on each arm, face each other
about nine feet apart. The men catch their thumbs in
their vests. The ladies hold their skirts with their free
hand.

First Figure: The two groups advance towards each other in the follow
manner:

1st measure	Step forward on left foot Step forward on right foot
2nd measure	Step forward on left foot Hop on left foot
3rd measure	Step forward on right foot Step forward on left foot
4th measure	(The two groups are now almost touching.) As all dancers step forward on right foot, the two men clap each other's hands then all stamp left foot.
5th measure	Step backward on right foot Step backward on left foot
6th measure	Step backward on right foot Hop on right foot
7th measure	Step backward on left foot Step backward on right foot
8th measure	Step backward on left foot Stamp right foot (Repeat all of first figure)

Second figure: On the first measure of the music, each man links his
R arm with R arm of the lady at his right; they walk
around each other; then leaving her he links left
arms with the lady at his left. Then he crosses over
to the lady facing him in the opposite set to his
right, links right arms with her, leaves her and
links left arms with the other lady.
(Four measures of music are used to turn with each
lady.)

Repeat the whole dance and the men will have returned
to their original partners.

BERLET D'Auvergne (French)

From D' Auvergne and other provinces of the Massif Central
Suitable for a large number of dancers and singers.
Minimum of 12 participants.

The whole tempo of the dance is quite brisk and gay. The music
is a well-known folk song "Aupres De Ma Blonde." (Other songs
may be used.)

BERLET D'AUVERGNE (Continued)

Form a circle men and women alternating; join hands shoulder high.
1st verse

- Fig. 1 (4 measures) Starting with left foot take 8 steps to left
Fig. 2 (4 measures) Reverse: 8 steps to right.
Fig. 3 (4 measures) Women move to center, join hands with arms up-
lifted 8 steps. Men join hands to form an outer
circle and mark time with their foot.
Fig. 4 (4 measures) Women take 8 steps to the right starting with L
foot. Men take 8 steps to the left.
Fig. 5 (4 measures) Reverse both circles.

2nd verse

- Fig. 6 (4 measures) Women move backwards. Men move forward towards
center, passing under women's arms, then make a
half turn to the right thus facing outward with
arms linked.
Fig. 7 (4 measures) Men take 8 steps to their left. Circle counter-
clockwise. Women take 8 steps to their left.
Circle clockwise.
Fig. 8 (4 measures) Reverse both circles, 8 steps.
Fig. 9 (4 measures) Men drop arms, move forward and take place in
the circle; all join hands alternating with the
women. (Men are still facing out) 8 steps.
Fig. 10 (4 measures) The circle moves to the left clockwise 8 steps.

3rd verse

- Fig. 11 (4 measures) Reverse, 8 steps to right counterclockwise
Fig. 12 (4 measures) Men half a turn to right to face center; join
hands high in an arch. Women mark time.
Fig. 13 (12 measures) Women step to left and forward under the arch
made by the men's arms. In towards center on
4 steps; out through the next arch on 4 steps etc.
Passing six men she comes out of the arch to
face the seventh
Fig. 14 (8 measures) Men drop hands. Both turn in place on 4 steps,
accenting the first of every four steps, men
accenting right foot and turning left; woman
accenting left foot and turning right this is
done 4 times. Be sure to face partner each time
the step is accented and acknowledge your
partner by bending forward slightly.

- Fig. 15 (12 measures) Taking partner's hands skip in a circle to left
in place making six complete turns.
Bow to each other.

(One usually ends the dance with a different partner. (After Fig. 13))

PROGRESSIVE WALTZ (American)

Music: Alice Blue Gown

Formation: Couples in double circle, M on the inside, move counter-
clockwise.

Meas.

- 1 Inside hands joined. Start with outside ft. (M L, W R)
Running waltz fwd.
2 Running waltz fwd - pivoting on 3rd step, turning toward